

Copper IUD's

Hormonal IUD's

MonaLisa 5, MonaLisa 5 mini, Liberte UT 380	Mirena	Kyleena
They are made of plastic and copper (Liberte UT 380 - silver/copper, nickel free)	They are all made of plastic and release a hormone called levonorgestrel.	They are all made of plastic and release a hormone called levonorgestrel.
Main mode of action is to prevent fertilization of the eggs by the sperm.  As an emergency contraceptive it can prevent a fertilized egg from attaching to the uterus by interfering with the uterus lining.	Main mode of action is to prevent fertilization of the eggs by the sperm by thickening the cervical mucus.  It also interferes with the lining of the uterus (the endometrium)	Main mode of action is to prevent fertilization of the eggs by the sperm by thickening the cervical mucus.  It also interferes with the lining of the uterus (the endometrium)
They are very effective with about 1 in 100 women getting pregnant each year.	They are extremely effective, only about 2 in 1000 get pregnant each year	They are extremely effective, only about 2 in 1000 get pregnant each year
Periods become heavier, longer and more painful by 20 - 50% for each woman. After 3 - 6 months, they get easier. There may be spotting in the first month.	<b>It is very common to have irregular bleeding up to 6 months</b> and then periods usually get lighter than normal. Some periods disappear completely.	<b>It is very common to have irregular bleeding up to 6 months</b> and then periods usually get lighter than normal. Kyleena can make you not have a period or have lighter periods.
There are no hormonal side effects or benefits with this IUD.	Mirena decreases menstrual cramping and dramatically decreases menstrual blood loss (approx 80% reduction in menstrual blood loss)  Mirena can reduce the pain of endometriosis 23% of Mirena users have no menstrual bleeding, <b>but this may not occur until after the initial 3 - 6 months of intermittent/or persistent unscheduled bleeding.</b>	Kyleena decreases menstrual cramping and menstrual blood loss.  18% of Kyleens users have no menstrual bleeding.
Liberte UT and MonaLisa last 5 years	Mirena lasts 5 years  52mg of levonorgestrel released over 5 yrs.  Daily rate of hormone released at one year: 20 mcg/24hrs	Kyleena lasts 5 years  19.5mg of Levonorgestrel released over 5 yrs.  Daily rate of hormone released at one year: 12 mcg/24hrs.
Effective as emergency contraception up to 7 days after unprotected sex.	NOT effective for emergency contraception	NOT effective for emergency contraception